

Middleton Harriers AGM at Middleton Arena. 5th March 2019

In attendance at this meeting 19 members

Apologies: Elaine Blades-Jordan, Mick Buck, Jenny Poole, Wendy Grundy, Alan Garvey, Rose Rowson, Rob Bishop.

Minutes: Minutes of last year's AGM being accepted as correct

Chairman's Report

Peter reported that the club had had a successful year and that the club members had participated in Cross Country, Fell Grand Prix Championship, and that there had been good participation in the Club Road Championship. Training had been well attended both Monday and Wednesdays, and track sessions had also been introduced on Friday evenings.

The club had also participated in the Calderdale Relay and was a popular event with members. In October the club had again put on a cross country race for the South East Lancs League in Heaton Park and this had been well supported by the club members and would be discussed later as to whether we wish to put on the race again this year.

We also put on the Hopwood Trot at Hopwood Hall and this was a great success and we will repeat the race again this year.

The club was again involved in the Rochdale Half Marathon and 10K and we have received a financial contribution.

The club web site is a source of up to date information and Peter thanked the secretary for maintaining the site in good order. Peter thanked the committee members for the work they had done throughout the year and hoped that they would agree to serve for the coming year.

Peter concluded by saying that there would be full reports on all the activities of the club throughout the meeting and that he looked forward to the continued growth of the club in the coming year.

Secretary's Report

Due to Elaine not being able to attend due to illness, the Chairman read out Elaine's report:

I think the club have had a very successful year in the terms of development, for example, coaching & leadership courses, Couch to 5k, Hopwood trot, expanded training nights.

Coaching: By enabling members to attend leadership and coaching courses, we have successfully ran several couch to 5k programs, which many members have got involved with. This in itself is an asset to the club as we are not only encouraging people to improve their health, start or re start running but also it has allowed members to work together to help each other building a strong club team spirit. This has also brought new members to the club for those wanting to join after the couch to 5k program. It also promotes the club at the Park runs.

Training nights: The Training nights have been extended offering a full range of training nights for runners to choose from covering sprint training, pack runs, road, fell and marathon training.

Hopwood Trot: The Hopwood Trot returned for the first time last year and was a very successful event all members teamed up which helped this event run very smoothly. We hope that this will continue.

The Championship races for 2019 have now begun, I wish everyone a successful 2019.

Treasurers' Report:

Steve Bassam thanked Derek Bury for auditing Middleton Harriers accounts for 2018 and was pleased to report that 2018 had been another good financial year for the club. There was a cash

profit of £299.04 with an addition of £796.11 to kit stock value in the year. This gave a year-end cash in bank value of £4696.00 and a kit value of £2720.11, making a total book value of £7414.11, which is an increase of £1095.15 for the year. This is the 3rd year running that the club has finished the year in profit.

Membership fees for 2018 were kept at £20 keeping us as the cheapest running club for miles around, generating £2392 of income. We have agreed to maintain them at this level for 2019. The Club 50 continues to be a good source of income, generating £189 but this down on previous years and Steve encouraged members not already participating to get on-board and join the fun. Pointing out that £1 per month could win £15 in the monthly draw, or £100 or £50 in the AGM Draw.

Club races generated £714.22 profit including £63 from the Club Handicap, £510.22 from the Hopwood Trot, £70 from the Heaton Park XC and £71 from Eddie's Revenge after donations of £324.92 to or charities Deafblind UK, OMRT and St James Church PCC where we host the event. We received a brilliant £390 for our marshal duties at the Manchester Marathon and Steve expressed his thanks to all who marshalled it. It was planned to supply marshals again for 2019. Unfortunately the money from the Rochdale ½ Marathon and 10K arrived to late for this years accounts but has been carried forward to 2019.

Steve pointed out that that whereas the XC Presentation evening had made £227.94 the Road & Fell Presentation had made just £26- food for thought?

We staged our first C25K courses which were a fantastic success. In addition to changing the lives of many previous non-runners we made £260 for the club in the process after investing £280 in EA Run Training courses for 2 of our members to qualify to coach the courses. Thanks to Rob Bishop and Jo Lynch for taking that on-board and to all the club members who helped to make the C25K such a success.

Steve continued that in terms of expenditure we spent £2,009.34 on Club vests, buffs and hooded jackets and this had resulted in an increase to our book-stock value.

Spending on external race fees included Cross Country, and Fell Race Fees to the Manchester Area CC League, South East Lancs CC League, British Masters Relays, Terry Nortley Relays, North West Counties Relays, and Northern Athletics Relays. We also paid £100 affiliation to England Athletics and £143 to ARC.

We spent £520 on Monday Evening Sprint and Hill Coaching fees (this include some 2017 coaching)

Election of officers

Peter thanked the committee members for the work they had done throughout the year and added that all the committee members had agreed to stand again. In response to a question from the floor Peter said that although Elaine could not attend meetings she would continue in her role as secretary, race organiser for the Hopwood Trot and continue to maintain the club website.

Membership Report

Ge reported that the club had ended the year slightly up on fully paid up membership from 2018 with a total of 120.

The membership figures as of December 2018 were: Men 67 (68), Ladies 65 (53) Total 132. The previous years figures in parentheses are for comparison purposes.

We gained a number of new members as a result of the C25K course, out of a total 32 new members 13 came via C25K. Membership increased by 12 overall in the period Dec 2017 - Dec 2018 which is good news for the club and shows that members of the club are taking notice of Middleton Harriers.

Ge added that the England Athletics affiliation fee for the club had increased from £100 to £150 and after taking note of the concerns of running clubs nationally the EAA had decided to keep the individual membership fee at £15 for the time being.

Ge concluded by pointing out that we already had 5 new members for the 2019 season.

Road/Trail Championship Review

The club races had been well attended. 30 (35) men ran at least one race and 18 (18) completed the championship which was won by Jordan Hughes. 22 (18)* Ladies ran at least one race and 10 (9) completed the Championship which was won by Jo Adamson. There was a decrease in the number of men competing in 1 race or more although the number completing remained the same at 18. The ladies had a slight increase in both the numbers doing at least one race and completing.

**The previous years figures are in parentheses.*

Fell Race review

This season saw a closely contested championship conclude with both the men and women's championships being decided by countback. Participation this season has been good: 11 men took part, with 5 completing the the qualifying 4 races whilst 7 Ladies took part with 6 completing the qualifying races.

In the Run The Moors Grand Prix the ladies had an excellent season with with Age Category wins for Catherine Murphy (V50) and Rose Rowson (V60), and 3rd places for Janine Jordan (Senior) and Karen Hallett (V45). The ladies had an excellent result in the team category coming second by the narrowest of margins with every lady who competed in the series counting. 4 Ladies and 3 men were award winners.

The Calderdale Way Relay took place in May and we were able to field an open team which came a creditable 61st.

Cross Country review

The Championship had a good start with 24 men and 21 ladies signing up to take part at the start of the season. As in previous years Middleton Harriers participated in 2 leagues – Manchester Area (5 matches) and South East Lancs (4 matches) and this season we continued with the “best of 4” results from all of the matches.

This year 7 men completed the required 4 races to count in the Championship compared to 11 last season. We had some stunning performances from Keith Knott who finished 1st in the Championship from Jorden Burke in 2nd and Michael Griffin in 3rd.

This season we have had 21 Ladies taking part in the Championship with 11 completing and a total of 72 races being run. Again there were excellent performances from Jo Adamson winning the Championship from Jo Lynch in second and Teresa Hollins in 3rd.

Other notable features of the season included a ladies and a mens team competing in the Greater Manchester XC Championship with the men coming 12th and the ladies 10th. For the first time in many years we had a representative at the National Cross Country Championship, well done Jorden Burke who had an excellent race.

Each year Middleton hosts the SELCC match at Heaton Park and provides marshals for the MACC event at Heaton Park. I want to take this opportunity to thank all those who helped build, marshal and dismantle the course, in particular Cathie Murphy, who also organises the ladies team and Peter Gilligan for all his work in making it all possible and providing the tent and supporting the runners at the various venues throughout the season.

Proposal: That the Heaton Park Cross Country event hosted by Middleton Harriers does not count towards the Club Championship. Proposed: Julie Jones, seconded: Craig Sutherland.

This proposal was passed unanimously.

Participation 2018-19			Participation 2017-2018		
Event Venues	Men	Ladies	Event Venues	Men	Ladies
1 13/10/18 Wythenshawe (MACC)	8	11	1 Heaton Park (MACC)	9	11
2 20/10/18 Heaton Park (SELCC)	10	8	2 Boggart Hole Clough (MACC)	14	10
3 10/11/18 Kenworthy Woods (MACC)	7	10	3 Heaton Park (SELCC)	10	5
4 1/12/18 Woodbank Park (MACC)	4	7	4 Kenworthy Woods (MACC)	11	10
5 15/12/18 Tandle Hill (SELCC) Royton	6	10	5 Tandle Hill (SELCC)	7	8
6 12/1/19 Heaton Park MACC	6	8	6 Woodbank Park (MACC)	7	7
7 19/01/2019 Heaton Park (SELCC)	7	9	7 Leigh (SELCC)	10	10
8 9/2/19 Kenworthy/University (MACC)	5	6	8 Wythenshawe (MACC)	7	11
9 16/2/19 Yarrow Country Park (SELCC)	4	3	9 Astley (SELCC)	N/A	N/A

Relays Review

Craig reported that 2018 had been a successful year for the club in terms of events entered and results achieved. May Bank holiday saw a number of teams (Male, Mixed and Super Vets) participate in the Terry Nortley Relays with the Super Vets team winning their category. We were able to enter two teams in the BMAF Road Championship at Sutton Park as well as an open team in the Calderdale Relay. The Calderdale team coming a creditable 61st overall. In September we entered two men's and two ladies teams in the NW Road relays and in October ended the season with a ladies and a men's team in the Northern Athletics Relay Championships at Sports City.

Socials

There was a discussion on the date and venue of the 2020 presentation evening and it was agreed that the event should take place at the Masonic on the 1st February 2020 with buffet and disco. Bob Horrocks pointed out that the beer at the Masonic was very expensive. This was noted.

Club Races/Marshals

It was agreed that we continue with the projected events. Hosting the following: Hopwood Trot, Eddie's Revenge, the Club Handicap and the SELCC XC at Heaton Park. We also agreed to give our support to Marshalling Manchester Marathon and the Rochdale ½ Marathon & 10K in October.

Welsh Castles Relay

There was a discussion on participation in the Welsh Castles Relay and it was agreed that given the difficulties we had entering a team in the Open Cat., and the low availability of runners able to maintain the required pace, we would not enter a team this year. We agreed to investigate the viability of entering a team in the London Green Belt Relay which was a more relaxed event and would require fewer runners to make a viable team. Agreed to put a link on the club website.

Club Training Sessions

Craig reported that the club was now holding training sessions on a Monday evening (speed/hills), Wednesday evening (club run), Thursday evening (fells) in conjunction with Michelle Fuller and Dave Garner from Todmorden and the newly introduced Friday track session at Boggart Hole Clough. All of the sessions were well attended especially the Monday evening session and Craig thanked everyone involved for their continued support.

Club Kit

Cathie Murphy reported that the kit was selling well and that there was a selection of items available for sale at the rear of the AGM.

Club 50 Draw

To be drawn at next Committee Meeting.

A.O.B.

John Cox reminded people that there was a club weekend in Wales coming up which was well subscribed and that there was another weekend planned for the Autumn which was now taking bookings. Also that the club was able to take advantage of Sports Shoes Discount on production of a code. It was agreed that the information go out in the next e-mail as soon as it was available.

Next meeting: TBA

Meeting closed.